



BRIEF TOBACCO CESSATION INTERVENTIONS

This is a skill building workshop on how to perform one-on-one tobacco cessation interventions.

Trainer:

Dr. Cathy McDonald, M.D., MPH

Description:

Participants will learn the basics of Tobacco 101 and how to apply one-on-one cessation counseling techniques to motivate and support tobacco cessation among high-risk populations.

Who Should Attend:

Clinical Staff of substance abuse, mental health and primary care providers, Health Educators, Community Cessation Facilitators, Case Managers, Home Health Care Workers, Nurses and other healthcare providers.

Learning Objectives: At the end of the training, participants will be able to:

1. Describe at least three health and addiction effects of tobacco.
2. Name at least two treatment options and services that can help with tobacco cessation with clients/patients.
3. Create a quit plan with a client over the course of a 15-20 minute one-on-one counseling session.



Monday, November 04, 2019, 8:30 a.m. - 12:30 p.m.

FREE training! FREE Parking!

Location: Alameda County Behavioral Health
2000 Embarcadero, (off 16th St. exit - 880 South)
Oakland, CA 94606
4th Floor, In the Gail Steele Room

This training is sponsored by Alameda County Behavioral Health (ACBH) in contract with LifeLong Medical Care Tobacco Treatment Program, located EBCRP.



For reasonable accommodation or to file a grievance, go to: <http://www.acbhcs.org/training>

This course meets the qualifications for 3.5 hours of continuing education credit for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; for California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0620; for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; and for Psychologists as an approved provider by the California Psychological Association, Provider No: ALA006. ACBHCS maintains responsibility for this program/course and its content. Please note: in order to receive CE credit, you must attend the full training. No partial credit can be given.

To obtain credits attendee must be there by class start time and stay for the entire training. Continuing Education Certificates will be emailed to qualifying participants within 30 days of the training.

REGISTRATION

Please email registration to Alex Hay at ahay@lifelongmedical.org or call 510-446-7173.

IMPORTANT: Registration deadline is October 28, 2019.

Please provide the following details:

NAME, ROLE, AGENCY, EMAIL, PHONE, LICENSE #.